

Interpersonal Violence & Sexual Assault

AN LGBTQ+ STUDENT RESOURCE

What is Sexual Assault?

Sexual assault is generally defined as any sexual contact or behavior that occurs without consent, including when a person is unable to provide consent. It includes rape, attempted rape, and unwanted touching.

Victims & Perpetrators

Common stereotypes in U.S. society show victims as frail, White, heterosexual, cisgender women, while perpetrators are portrayed as large, heterosexual, cisgender men. However, people of all races/ethnicities, genders, and sexual identities can experience and perpetrate IPV/sexual assault. In some cases, IPV/sexual assault results from clear power imbalances in a relationship. In other cases, there may not be clear distinctions between "victims" and "perpetrators" and abusive actions may come from multiple individuals.

How likely is it?

LGBTQ+ individuals are at a higher risk than straight/cisgender counterparts. Despite higher rates, LGBTQ+ folks continue to be underrepresented in media depictions of IPV/sexual assault and underserved by resources.

This lack of representation may lead LGBTQ+ folks to underestimate the rates of IPV/sexual assault among their communities and discourage them from seeking help when needed.

What is IPV?

Interpersonal violence (IPV) includes physical violence, sexual violence, stalking & psychological aggression including coercion. It can range from isolated incidents to long-term patterns of abuse. It's called intimate partner violence when it exists between sexual/romantic partners.

What does it look like?

physical violence

intentional use of force to cause nonconsensual pain or harm (e.g. grabbing, punching, slapping)

sexual violence

nonconsensual sexual acts (e.g. unwanted exposure/contact, sexual harassment, coerced activity)

stalking

pattern of repeated/unwanted attention and contact (e.g. showing up uninvited, texting, leaving unwanted gifts)

emotional violence

overt/covert behavior that causes emotional harm (e.g. coercion/control, manipulation, threats, isolation from loved ones, verbal abuse, gaslighting)

Why are the rates so high?

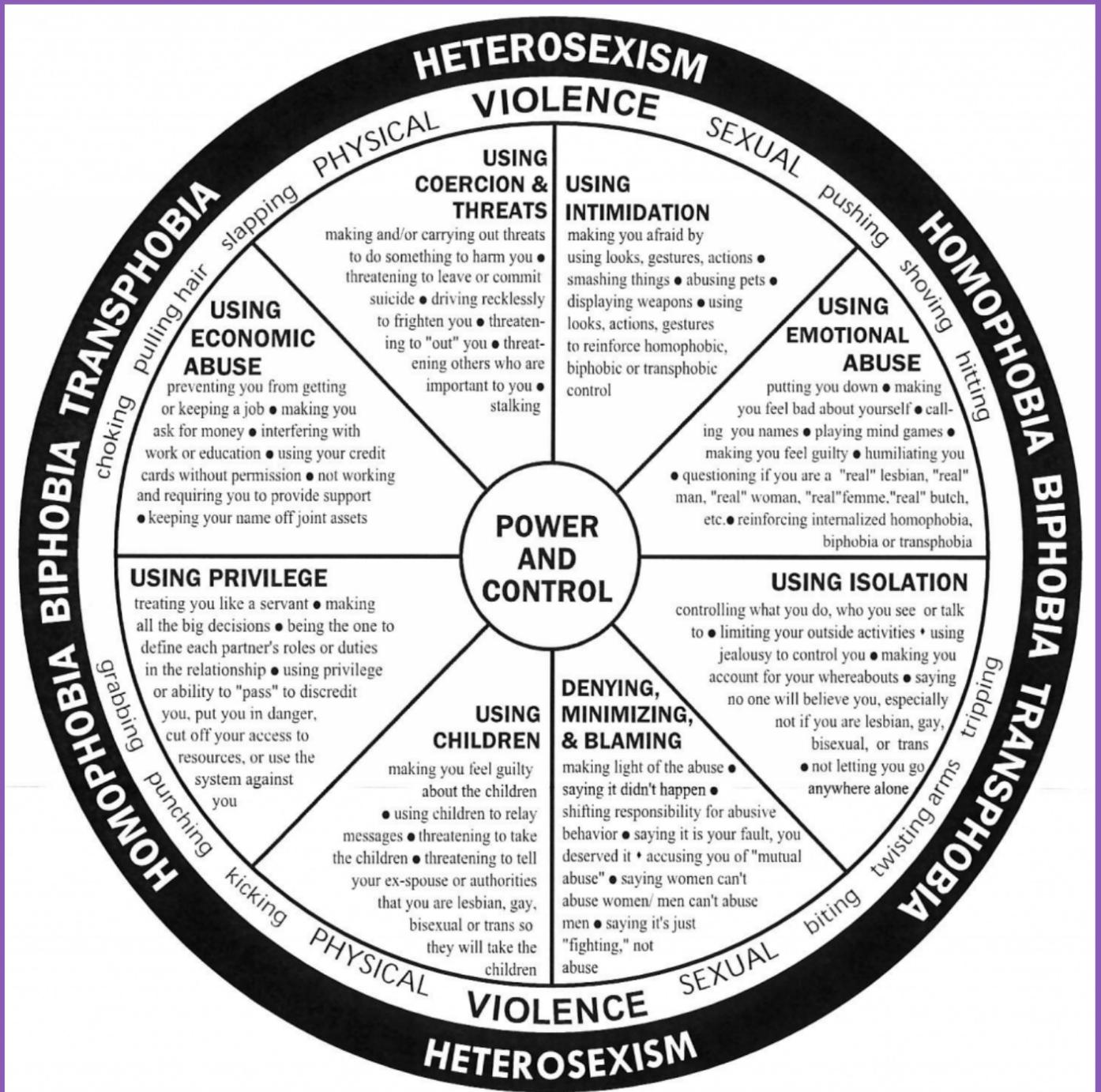
Inadequate sex ed, relationship inexperience, internalized oppression, lack of communication, substance abuse, abusive dynamics are some of many reasons why rates are high. Regardless, there is never an excuse for these behaviors, and everyone involved deserves support.

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LGBTQ+ Power & Control Wheel

The Power and Control Wheel is a tool that helps explain the different ways an abusive partner or person can use power and control to manipulate a relationship.



The LGBT Power and Control Wheel was developed by Roe and Jagodinsky. Adapted from the Power & Control and Equity Wheels Developed by the Domestic Abuse Intervention Project. 206 West Fourth Street, Duluth, Minnesota 55806.

"I've experienced interpersonal violence or sexual assault. What do I do?"

CONFIDENTIAL SUPPORT

CST (Confidential Support Team)
Provides support to students affected by interpersonal violence & sexual assault
vaden.stanford.edu/get-help-now/sexual-assault
650.736.6933 (8:30-5 M-F)
650.725.9955 (24/7 urgent)

Weiland Health Initiative
Provides services to those across the spectra of gender and sexuality as well as training & educational resources on LGBTQ+ interpersonal violence
weiland.stanford.edu
650.723.3785 (8-5 M-F)

CAPS (Counseling & Psychological Services)
vaden.stanford.edu/caps
650.723.3785 (24/7)

YWCA Sexual Assault & Domestic Violence Support Line: 1.800.572.2782

NON-CONFIDENTIAL RESOURCES

Title IX Office: 650.497.4955

SARA (Sexual Assault & Relationship Abuse Education & Response Office)
Provides education, advocacy, support & response coordination
sara.stanford.edu
650.725.1056

ADDITIONAL RESOURCES

Department of Public Safety:
911 or 650.723.9633

QSR (Queer Student Resources)
queer.stanford.edu

REPORTING

Reporting Options (pdf)
<https://stanford.app.box.com/v/sexual-assault-resources>

Student Title IX Process Quick Reference (pdf)
<https://stanford.app.box.com/v/student-title-ix-quick-ref>

